

## CHAPTER 4: CANADIANS ENJOYING LIFE: SPORTS AND RECREATION

### A. COMPREHENSION

1. What does the acronym NHL stand for?
2. What do people do in Whistler, British Columbia, and at Mont-Tremblant in Quebec in the wintertime?
3. What popular winter sport became even more popular after the Canadian men's team won the gold medal and the Canadian women's team won the silver medal at the 2010 Winter Olympics in Vancouver?
4. What sport do many businesspeople like to enjoy with one another in the summer? (Clue: you need special clubs to play this game.)
5. What does each of the 30 NHL teams hope to win at the end of the playing season?
6. Who is referred to as "The Great One" in recognition of his skills as a hockey player?
7. Only four days are statutory holidays in *all* provinces and territories. What are they?
8. What is the name of a favourite summer activity in which people sleep outside in tents and cook their food over a campfire or on a portable stove?
9. What was the name of the song sung by Nikki Yanofsky at the 2010 Winter Olympics, a song that inspired joy and patriotism in Canadians across the country?
10. The Lions, Tiger-Cats, Argonauts, Eskimos, Stampeders, Roughriders, Blue Bombers, and Alouettes share the love of a common game. What is it?

### B. WORD RECOGNITION

Use each of the following words (or expressions) in one of the sentences below.

at a premium

boast

get caught up in (something)

grit (one's) teeth

heritage

highlight

on the lookout for

take (something) to heart

up close and personal

vyng

1. Although the man never really liked school, he knew that if he wanted to have a good life in Canada, he would have to \_\_\_\_\_ his \_\_\_\_\_ and learn English well.
2. The two men were good friends and found it difficult when they were \_\_\_\_\_ for the same job.
3. Sharif had found a good job in Canada and saved up enough money for the down payment on a small house, so he was now \_\_\_\_\_ a wife!
4. Most of us value our \_\_\_\_\_ and want to preserve it for our children and grandchildren.
5. While it's okay to be proud of our achievements, it is not a good idea to \_\_\_\_\_ about them to everyone we meet.
6. Meeting and talking with one of her favourite authors was the \_\_\_\_\_ of her trip to Mexico.
7. One must be very careful not to \_\_\_\_\_ mass demonstrations if they appear to be turning violent. This can be very dangerous.
8. My friend was thrilled the first time she went out in a kayak to \_\_\_\_\_ with a group of dolphins in the ocean.
9. When Mary's mother told her to follow her passion in choosing a career, Mary decided to \_\_\_\_\_ her mother's advice \_\_\_\_\_
10. Decent housing in Vancouver is \_\_\_\_\_ and it is not easy to find good, affordable accommodation.

### C. WORD FAMILIES

Use your dictionary to find the other words in the word family chart below.

VERB	NOUN	ADJECTIVE	ADVERB
	grumble grumbler		-----
		culminating	-----
	boast boasting		-----
originate			

Use each word from the table in one of the 15 sentences below.

1. The \_\_\_\_\_ child was asked to find something happy to talk about.
2. After asking her daughter to clean her bedroom, she heard a long loud \_\_\_\_\_.
3. Because the boy complained about everything, people called him a \_\_\_\_\_.
4. "If you \_\_\_\_\_ any more, I'm not taking you out for ice cream."
5. The \_\_\_\_\_ project of a Ph.D. program is called a dissertation.
6. The \_\_\_\_\_ of ten years of extensive search beneath the sea resulted in their finding a long-buried ship full of treasure which had sunk off the coast of Spain in the 1600s.
7. Four years of study in the Engineering Faculty \_\_\_\_\_d in a degree in mechanical engineering.
8. \_\_\_\_\_ about how rich he was resulted in a lot of people trying to cheat him out of his money.
9. Those who like to \_\_\_\_\_ about their achievements are less likely to have a lot of friends than those who are humble.
10. The overly \_\_\_\_\_ young man was so preoccupied with himself that he failed to notice that others tended to walk away when he started talking.
11. Jim's \_\_\_\_\_ that he could outdrink anyone in the room was particularly annoying. It resulted in his friends challenging him to a contest, which he lost, and it also resulted in his getting violently ill from drinking too much alcohol.
12. What we know now as Ontario was \_\_\_\_\_ called Upper Canada by the early settlers.
13. The \_\_\_\_\_ name of Montreal was Ville-Marie, or in English, City of Mary.
14. The \_\_\_\_\_ of the expression "(to be) a loose cannon" is from the days when cannons were mounted on ships and sometimes came loose, which posed a huge danger to anyone on the ship. (When a person is called a loose cannon, it means that person speaks without thinking about the harm that could come of his or her words.)

15. Artificial insulin \_\_\_\_\_d in Ontario through the efforts of Drs. Banting and Best, who were searching for a cure for diabetes.

#### D. DISCUSSION TOPICS

- » The popularity of sports in different communities and in Canada has changed over the years. One hundred years ago, hockey and skating were popular winter sports while some people enjoyed cross-country skiing and snowshoeing. Fifty years ago, curling also became very popular, in rural areas especially. Now, as you see in the text, there are many more popular sports from which to choose and today, most sports are played by women as well as men. What do you think has caused these changes?
- » In recent years, Canadian hockey teams have found it increasingly difficult to win the Stanley Cup against their many competitors in the US, most of whom have a lot more money available to hire the best players. When Boston won the Stanley Cup in 2011, a lot of people noticed that a large number of the players on that team were Canadians. Some people would prefer to see a national hockey league that was limited to Canadian players. Is that a good idea or a bad idea in your opinion? Explain your reasoning.
- » The National Parks in Canada's Rocky Mountains have always had policies which limited the amount of commercial development that could happen inside the park boundaries. The purpose of the parks is to preserve a beautiful, clean natural environment and make it possible for all the Canadian public to hike, camp, and enjoy the beauty of this special area. Recently, the decision was made to allow a commercial company to build a large observation deck in Jasper National Park and then charge admission for people to come and view the park from that place. There was a lot of opposition to this as it would undoubtedly bring more cars, buses, and people into the park, driving the animals further away and marring the landscape. Do you think the parks should be kept natural or should they be developed so more tourists will come? Explain your answers.
- » Forest fires can be a huge problem in any areas that are heavily forested, such as the mountains, most of BC, and large parts of other provinces as well. While forest fires are natural when caused by lightning strikes, there are also a lot of fires caused by arson or carelessness. These fires are responsible for deaths of people and wildlife, as well as massive destruction of property and trees that are valuable to the Canadian economy. What do you think is the best prevention for unnecessary forest fires? In other words, can more be done to prevent the careless or deliberate destruction of forests by fire?

- » Farmers' markets are great places to shop for vegetables, fruits, meats, and eggs, among many other things. They may be higher priced than grocery stores, but the goods are high quality, local (and therefore much fresher), and in many cases organic (and therefore much healthier). Where would you prefer to shop and why?